

Web Content for www.decaloweightloss.com

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Acupuncture

Acupuncture is yet another effectual treatment offered as part of our weight-loss program. Knocking off those pounds is not an easy job, and we at Decalo Weight Loss understand that very well. For this reason, Acupuncture is one of our popular therapies that have helped a large number of clients in successfully achieving their weight-loss goals. Read on to know what Acupuncture is and how to lose weight through it:

What is Acupuncture?

Decalo offers Acupuncture to alleviate pain in patients and treat a number of physical and mental ailments. Apart from that, we also recommend Acupuncture to individuals struggling to lose weight and seeking a safe, easy and an effective way to do so. In Acupuncture, we insert needles in your body or stimulate it with the help of heat or electricity to improve its performance and enable it to naturally heal itself.

What is the Procedure?

Our highly qualified acupuncturists are trained and equipped with all the necessary skills to treat a number of medical conditions with the help of Acupuncture. In addition, we also offer specialized diet plans in conjunction with the Acupuncture therapy and tips for a healthy lifestyle to suit the specific needs of our clients.

If you opt for Acupuncture at Decalo Weight Loss, you will be required to attend a number of treatments depending upon your condition. A thorough examination by our physicians will help in determining the extent and number of treatments you require; in complex cases, the treatment might take up to several months – on a weekly basis - while patients with mild conditions are usually required to go through only a few sittings or even just 3-4 in a year.

Are There Any Side Effects?

Our Acupuncture treatments are completely safe and do not pose any kind of health risks. During the course of this treatment, you might experience mild changes in your appetite or sleep, or irregular bowel patterns. However, you do not need to worry about these conditions as they are usually short-lived and are a sign that the Acupuncture is actually working and proving to be beneficial. You may also feel slight disorientation or go in a relaxed state of mind following the first one or two treatments, but afterwards everything is back to normal and

it is just a matter of time before you start seeing results. We take great care in making sure that the pain you feel is minimized when we insert the acupuncture needles in your skin. Once the needle is in, you will usually not feel any pain at all. The risk of infection from needles is also eliminated as we use disposable needles for every individual.

For further queries or appointments, please give us a call or make an appointment online with anyone of our Acupuncturists.